

Positive Identity Details

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For 3-5 Year Olds

Personal power—The child can make choices that give a sense of having some influence over things that happen in her or his life.

Self-esteem—The child likes her- or himself and has a growing sense of being valued by others.

Sense of purpose—The child anticipates new opportunities, experiences, and milestones in growing up.

Positive view of personal future—The child finds the world interesting and enjoyable, and feels that he or she has a positive place in it.



For 5-9 Year Olds

Personal Power—Child has a growing sense of having influence over some of the things that happen in her or his life.

Self-Esteem—Child likes herself or himself and feels valued by others.

Sense of Purpose—Child welcomes new experiences and imagines what he or she might do or be in the future.

Positive View of Personal Future—Child has a growing curiosity about the world and finding her or his place in it.



For 8-12 Year Olds

Personal power—Child feels he or she has some influence over things that happen in her or his

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life.

Self-esteem—Child likes and is proud to be the person that he or she is.

Sense of purpose—Child sometimes thinks about what life means and whether there is a purpose for her or his life.

Positive view of personal future—Child is optimistic about her or his personal future.



For 12-18 Year Olds

Personal power—Young person feels he or she has control over “things that happen to me.”

Self-esteem—Young person reports having a high self-esteem.

Sense of purpose—Young person reports that “my life has a purpose.”

Positive view of personal future—Young person is optimistic about her or his personal future.