

## What are the 40 Assets?

Search Institute has identified the following building blocks of healthy development—known as Developmental Assets—that help young children grow up healthy, caring, and responsible. They are broken down into the following categories. Follow the links for more info!

### External Assets



#### [Support](#)

1. [Family Support](#)
2. [Positive Family Communication](#)
3. [Other Adult Relationships](#)
4. [Caring Neighborhood](#)
5. [Caring School Climate](#)
6. [Parent Involvement in Schooling](#)



#### [Empowerment](#)

7. [Community Values Youth](#)
8. [Youth as Resources](#)
9. [Service to Others](#)
10. [Safety](#)



#### [Boundaries and Expectations](#)

11. [Family Boundaries](#)
12. [School Boundaries](#)
13. [Neighborhood Boundaries](#)
14. [Adult Role Models](#)
15. [Positive Peer Influence](#)

16. [High Expectations](#)



[Constructive Use of Time](#)

- 17. [Creative Activities](#)
- 18. [Youth Programs](#)
- 19. [Religious Community](#)
- 20. [Time at Home](#)

**INTERNAL ASSETS**



[Commitment to Learning](#)

- 21. [Achievement Motivation](#)
- 22. [School Engagement](#)
- 23. [Homework](#)
- 24. [Bonding to School](#)
- 25. [Reading for Pleasure](#)



[Positive Values](#)

- 26. [Caring](#)
- 27. [Equality and Social Justice](#)
- 28. [Integrity](#)
- 29. [Honesty](#)
- 30. [Responsibility](#)
- 31. [Restraint](#)



## [Social Competencies](#)

- 32. [Planning and Decision Making](#)
- 33. [Interpersonal Competence](#)
- 34. [Cultural Competence](#)
- 35. [Resistance Skills](#)
- 36. [Peaceful Conflict Resolution](#)



## [Positive Identity](#)

- 37. [Personal Power](#)
- 38. [Self-Esteem](#)
- 39. [Sense of Purpose](#)
- 40. [Positive View of Personal Future](#)